

HEMLOCK CREEK ELEMENTARY SCHOOL

SCHOOL COUNSELING PROGRAM

MRS. HETTMANN & MRS. JOHNSON



Why do we have School Counselors?

- Children face unique and diverse challenges, both personally and developmentally, that have an impact on academic achievement.
- Elementary school years set the tone for developing the knowledge, attitudes, and skills necessary for children to become healthy, competent, and confident learners.
- Every student needs support, guidance, and opportunities during childhood, a time of rapid growth and change.

What does a School Counselor do?

School Counselors work with ALL Hemlock Creek Elementary students in a variety of ways.

Whole Class Lessons:

School Counselors teach whole class lessons every two weeks in all K-4 classrooms. In these lessons, students learn skills such as growth-mindset, goal-setting, emotion management, empathy & kindness, problem-solving, safety, bullying prevention, and career exploration.

Small Group Counseling:

Group counseling is available to groups of students with similar challenges and is based on need. We meet with groups of new Hemlock Creek students as well as all kindergarten students to ensure they have a successful start to school. Additionally, we run groups on topics such as friendship skills, coping skills, self-esteem, family change, self-control, and social skills.

Individual Counseling:

Individual student sessions are available for students at the request of families, students, and teachers to meet the needs of all students expressing difficulty with school, personal concerns, or typical developmental transitions. These sessions are brief, short term. The goal is to help students be successful in school. School counselors do not provide therapy; however, we can provide a list of community resources for student concerns that happen outside of the school day.



Meet the School Counselors!



Mrs. Hettmann

Hello! I am a full time school counselor at Hemlock Creek Elementary School. I received my bachelor's degree from UW-Madison and my Master's degree from UW-Oshkosh. I started my school counseling career in Manitowoc in 2013, and I joined the West De Pere School District in 2021.

My role is to ensure that all students reach their unique goals and to foster the social, emotional, and academic growth in young learners. I achieve this goal through bi-weekly whole class lessons, small group counseling, and short-term individual counseling services. I take pride in providing students with a positive, safe, and fun counseling environment.

I look forward to working with you to ensure your child's success this year!

Sincerely,

Danielle Hettmann
dhettmann@wdpsd.com
(920) 425-1900 ext. 3228



Mrs. Johnson

Hello! My name is Mardi Johnson and I am one of the School Counselors at Hemlock Creek Elementary School! I have a Masters Degree in Professional Counseling from UW-Oshkosh and I am a certified K-12 School Counselor. I've been working as a School Counselor in West De Pere since 2017.

I facilitate short-term group counseling sessions, individual counseling sessions, and I also assist with the school counseling curriculum. I focus on being a resource for ALL students for their social, emotional, and academic needs.

I am available at Hemlock Creek Elementary on Tuesdays, Thursdays, and Friday afternoons.

Please know that I am only a phone call or email away. I look forward to working with you!

Sincerely,

Mardi Johnson
mjohnson@wdpsd.com
(920) 425-1900 x 3225



**"CHILDREN
SHOULD BE
SEEN, HEARD,
AND
BELIEVED."**

When to contact your child's School Counselor?

- Early discussion on potential crises
- Concerns over student achievement or behavior
- To discuss effective parent/child communication
- Family changes, difficulties or concerns
- Assistance in locating and coordinating community resources